TRUST AND RESPECT Acknowledge children's right to have own feelings, friends, activities and opinions • Promote independence • Allow for privacy • Respect Allow for privacy • Respect PROMOTE EMOTIONAL SECURITY Talk and act so that children feel safe and comfortable expressing themselves • Be gentle • Be dependable. • Allow for privacy • Respect · Be dependable. feelings for other parent **PROVIDE CARE** Believe your children. **PHYSICAL FOR YOURSELF** SECURITY Give yourself personal time Keep yourself healthy Provide food, shelter, clothing Maintain friendships • Teach personal hygiene and · Accept love. nutrition • Monitor safety • Maintain a family routine • attend to wounds. **NURTURING CHILDREN GIVE AFFECTION** PROVIDE DISCIPLINE Be consistent • Ensure rules are Express verbal and physical affection appropriate to age and development • Be affectionate when your children of child . Be clear about limits are physically or emotionally hurt. and expectations • Use discipline to give **ENCOURAGE GIVE TIME** instruction, not AND SUPPORT Participate in your punish. children's lives: activities, Be affirming • Encourage school, sports, special events children to follow their interest • Let children disagree with you • Recognize improvement • Teach new skills • Let them make mistakes. CARE FOR YOUR CARE FOR YOUR and days, celebrations, friends

DOMESTIC ABUSE INTERVENTION PROGRAMS

202 East Superior Street Duluth, Minnesota 55802 218-722-2781 www.theduluthmodel.org