THREATS
- Threatening abandonment, suicide, physical harm, confinement, or harm to other loved ones.

USING ADULT PRIVILEGE
- Treating children as servants
- Punishing, bossing, always winning
- Denying input in visitation and custody decisions
- Interrupting.

EMOTIONAL ABUSE
- Withholding basic needs, using money to control behavior
- Squandering family money
- Withholding child support
- Using children as economic bargaining chip in divorce.

ECONOMIC ABUSE
- Threatening punishment with/by God, courts, police, school, juvenile detention, foster homes, relatives, psych wards.

USING INSTITUTIONS
- Controlling access to peers, adults, siblings, other parents, grandparents.

ISOLATION
- Instilling fear through looks, actions, gestures, property destruction
- Yelling
- Being violent to other parent, pets, etc.

INTIMIDATION
- Put downs, name calling
- Using children as confidants
- Using children to get or give information to other parent
- Being inconsistent
- Shaming children.

VIOLENCE