Nurturing Children Wheel Translation Template

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| **Question** | **Answer** |
| **What language is this translation?** |  |
| **Who did the translation?** |  |
| **Who should be credited for the translation on the final document?** |  |
| **Date of the translation?** |  |

**Notes:**

* **Do not use Word's "All Caps" feature. If something should be UPPERCASE, use the Shift key or use Caps Lock to make the word uppercase.**

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| **English** | **Translation** |
| **NURTURING CHILDREN** |  |
| **LOVE AND CARE FOR YOUR CHILDREN** |  |
| **TRUST AND RESPECT** |  |
| Acknowledge children's right to have own feelings, friends, activities and opinions • Promote independence • Allow for privacy • Respect feelings for other parent • Believe your children. |  |
| **PROMOTE EMOTIONAL SECURITY** |  |
| Talk and act so that children feel safe and comfortable expressing themselves • Be gentle • Be dependable. |  |
| **PROVIDE PHYSICAL SECURITY** |  |
| Provide food, shelter, clothing • Teach personal hygiene and nutrition • Monitor safety • Maintain a family routine • Attend to wounds. |  |
| **PROVIDE DISCIPLINE** |  |
| Be consistent • Ensure rules are appropriate to age and development of child • Be clear about limits and expectations • Use discipline to give instruction, not punish. |  |
| **GIVE TIME** |  |
| Participate in your children's lives: activities, school, sports, special events and days, celebrations, friends • Include your children in your activities • Reveal who you are to your children. |  |
| **ENCOURAGE AND SUPPORT** |  |
| Be affirming • Encourage children to follow their interest • Let children disagree with you • Recognize improvement • Teach new skills • Let them make mistakes. |  |
| **GIVE AFFECTION** |  |
| Express verbal and physical affection • Be affectionate when your children are physically or emotionally hurt. |  |
| **CARE FOR YOURSELF** |  |
| Give yourself personal time • Keep yourself healthy • Maintain friendships • Accept love. |  |