**Power and Control Wheel Translation Template**

**Translating into what language?**

**Who is doing the translation?**

**Who should be credited for the translation on the final document?**

**The year of this translation?**

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**POWER AND CONTROL**

*Translation:*

**PHYSICAL/SEXUAL VIOLENCE**

*Translation:*

**USING COERCION AND THREATS**

*Translation:*

**Making and/or carrying out threats to do something to hurt her**

*Translation:*

**Threatening to leave her, to commit suicide, to report her to welfare**

*Translation:*

**Making her drop charges**

*Translation:*

**Making her do illegal things**

*Translation:*

**USING INTIMIDATION**

*Translation:*

**Making her afraid by using looks, actions, gestures**

*Translation:*

**Smashing things**

*Translation:*

**Destroying her property**

*Translation:*

**Abusing pets**

*Translation:*

**Displaying weapons**

*Translation:*

**USING EMOTIONAL ABUSE**

*Translation:*

**Putting her down**

*Translation:*

**Making her feel bad about herself**

*Translation:*

**Calling her names**

*Translation:*

**Making her think she’s crazy**

*Translation:*

**Playing mind games**

*Translation:*

**Humiliating her**

*Translation:*

**Making her feel guilty**

*Translation:*

**USING ISOLATION**

*Translation:*

**Controlling what she does, who she sees and talks to, what she reads, where she goes**

*Translation:*

**Limiting her outside involvement**

*Translation:*

**Using jealousy to justify actions**

*Translation:*

**MINIMIZING, DENYING AND BLAMING**

*Translation:*

**Making light of the abuse and not taking her concerns about it seriously**

*Translation:*

**Saying the abuse didn’t happen**

*Translation:*

**Shifting responsibility for abusive behavior**

*Translation:*

**Saying she caused it**

*Translation:*

**USING CHILDREN**

*Translation:*

**Making her feel guilty about the children**

*Translation:*

**Using the children to relay messages**

*Translation:*

**Using visitation to harass her**

*Translation:*

**Threatening to take the children away**

*Translation:*

**USING MALE PRIVILEGE**

*Translation:*

**Treating her like a servant**

*Translation:*

**Making all the big decisions**

*Translation:*

**Acting like the “master of the castle”**

*Translation:*

**Being the one to define men’s and women’s roles**

*Translation:*

**USING ECONOMIC ABUSE**

*Translation:*

**Preventing her from getting or keeping a job**

*Translation:*

**Making her ask for money**

*Translation:*

**Giving her an allowance**

*Translation:*

**Taking her money**

*Translation:*

**Not letting her know about or have access to family income**

*Translation:*