Power and Control Wheel Translation Template

|  |  |
| --- | --- |
| **Question** | **Answer** |
| **What language is this translation?** |  |
| **Who did the translation?** |  |
| **Who should be credited for the translation on the final document?** |  |
| **Date of the translation?** |  |

**Notes:**

* **Do not use Word's "All Caps" feature. If something should be UPPERCASE, use the Shift key or use Caps Lock to make the word uppercase.**

|  |  |
| --- | --- |
| **English** | **Translation** |
| **POWER AND CONTROL** |  |
| **VIOLENCE** |  |
| **PHYSICAL** |  |
| **SEXUAL** |  |
| **USING COERCION AND THREATS** |  |
| Making and/or carrying out threats to do something to hurt her • threatening to leave her, to commit suicide, to report her to welfare • making her drop charges • making her do illegal things. |  |
| **USING INTIMIDATION** |  |
| Making her afraid by using looks, actions, gestures • smashing things • destroying her property • abusing pets • displaying weapons. |  |
| **USING EMOTIONAL ABUSE** |  |
| Putting her down • making her feel bad about herself • calling her names • making her think she’s crazy • playing mind games • humiliating her • making her feel guilty. |  |
| **USING ISOLATION** |  |
| Controlling what she does, who she sees and talks to, what she reads, where she goes • limiting her outside involvement • using jealousy to justify actions. |  |
| **MINIMIZING, DENYING AND BLAMING** |  |
| Making light of the abuse and not taking her concerns about it seriously • saying the abuse didn’t happen • shifting responsibility for abusive behavior • saying she caused it. |  |
| **USING CHILDREN** |  |
| Making her feel guilty about the children • using the children to relay messages • using visitation to harass her • threatening to take the children away. |  |
| **USING MALE PRIVILEGE** |  |
| Treating her like a servant • making all the big decisions • acting like the "master of the castle" • being the one to define men’s and women's roles. |  |
| **USING ECONOMIC ABUSE** |  |
| Preventing her from getting or keeping a job • making her ask for money • giving her an allowance • taking her money • not letting her know about or have access to family income. |  |