POWER & CONTROL WHEEL: THE AFRICAN AMERICAN/ BLACK COMMUNITY

CREATED BY AMANI COMMUNITY SERVICES

These are the primary eight ways an abuser uses their dominance within the black community.

- **Physical & Sexual Violence**
  - Coercion & Threats
    - Use of weapons
    - Threats of murder
    - No contact order
  - Intimidation
    - Create a “look” that makes her fear them

- **Economic Abuse**
  - Coercion & Threats
    - Increase use of weapons around her or in the community
    - Threats to kill or her or her family
    - False reports of abuse to authorities
    - Makes her do illegal things for them
  - Intimidation
    - Eg. posts on social media to try to embarrass her
    - Create a “look” that makes her fear them

- **Emotional Abuse**
  - Coercion & Threats
    - Physical abuse
    - Tries to get her fired
    - Manipulates her for gifts
  - Intimidation
    - Managing self-worth
    - I see why you're upset you
    - Nobody wants you, etc.
    - Comparing her to past partners negatively
    - “You just like him/her”
    - “You crazy, hang, etc.”

- **Isolation**
  - Coercion & Threats
    - Use of weapons
    - Threats of murder
    - No contact order
  - Intimidation
    - Limiting communication
    - Baricading her
  - Minimizing, Denying & Blaming
    - Blame her for the abuse
    - “It’s your fault, etc.”
    - Deny the abuse

- **Privilege**
  - Coercion & Threats
    - Inflicting fear
    - Setting rules
    - Dominating
    - Colorism
  - Intimidation
    - Limiting communication
    - Baricading her
  - Minimizing, Denying & Blaming
    - “You made me, it’s your fault, etc.”
    - “I never had a father, etc.”

- **Using Children**
  - Coercion & Threats
    - Eg. asking children details about her and the things going on in her life
    - Train children to be disrespectful to her
  - Intimidation
    - “I won’t pay child support”

- **Minimizing, Denying & Blaming**
  - Eg. Denying what they said; accuse her of hearing things

**Domestic Violence**

Domestic violence does not discriminate against age, race, sex, religion, orientation, etc. The way that it occurs within the black community is different. Please educate yourselves on the various signs so you can seek help for yourself or others.”

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Adaptation of the original Power and Control Wheel approved by the Domestic Abuse Intervention Programs TheduuuhModel.Org